

MULTIMEDIA



UNIVERSITY

STUDENT IDENTIFICATION NO

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MULTIMEDIA UNIVERSITY

FINAL EXAMINATION

TRIMESTER 1, 2022/2023 (TERM ID 2210)

BSS1024 – UNIVERSITY LEARNING TECHNIQUES

11 FEBRUARY 2023
9.00 a.m. – 11.00 a.m.
(2 Hours)

INSTRUCTIONS TO STUDENTS:

1. This question paper consists of 2 pages (inclusive of the cover page).
2. **Answer ALL questions.** Please write your answers in the *Answer Booklet* provided.

Answer ALL Questions. (100 marks)**Write your answers in the *answer booklet* provided.**

1. Listening is one of the most important skills you can have. How well you listen has a major impact on your job effectiveness, and on the quality of your relationships with others. We listen to obtain information, to understand, for enjoyment, and to learn. The way to improve your listening skills is to practice “active listening”. This is where you make a conscious effort to hear not only the words that another person is saying but, more importantly, try to understand the complete message being sent. There are many **Active Listening Techniques**, please discuss **FIVE** of these techniques. (20 marks)
2. You are taking 6 subjects for this trimester. You want to score B+ and above in all subjects. Hence you need to manage your time. Please use a **Mind Map** to visualize the ‘barriers’, ‘motivations’, ‘techniques’, and ‘technology’ that are related to your **time management**. (20 marks)
3. Describe in detail the meaning of a **SMART** goal. Write your own personal goal that fulfills the SMART criteria. (10 marks)
4. Conduct a SWOT analysis of yourself as a student and discuss the results. (10 marks)
5. Differentiate intrinsic motivation from extrinsic motivation and discuss its influence on your motivation as a student. (20 marks)
6. Your friend, Mina is currently taking the Management course, in which class lectures are very important. Although she finds the lectures interesting, she sometimes has difficulty in **taking notes**, partly because her mind wanders and partly because she is not sure what is important to write down.
Please use a Motivational theory (such as Maslow’s Hierarchy of Needs) as example, and illustrate to Mina what should be included in **Cornell Notes**. (20 marks)

End of Page

